

**REFERRAL IN-LAB SLEEP
STUDY (Resp Physician)**
Phone (03) 9788 1705
Fax: 9125 8487

UR NUMBER

SURNAME

GIVEN NAMES

PHONE NUMBER

DATE OF BIRTH

Please fill in if no Patient Label available App.10/10/2023 Print Code:10651



P H F 3 3 5 1 2 3 3 5 b

<input type="checkbox"/> Dr Gary Braun 12929JW 267 Cranbourne Rd Frankston 3199 Ph: 9776 6933	<input type="checkbox"/> A/Prof David Langton 38910BH 34 Cranbourne Rd Frankston 3199 Ph: 9770 0099	<input type="checkbox"/> Dr Sameer Kaul 2681459J 267 Cranbourne Rd Frankston 3199 Ph: 9776 6933	<input type="checkbox"/> Dr Nick Manolitsas 434446B 267 Cranbourne Rd Frankston 3199 Ph: 9776 6933	<input type="checkbox"/> Dr Juan Mulder 263629BB 34 Cranbourne Rd Frankston 3199 Ph: 9770 0099	<input type="checkbox"/> Dr Joy Sha 4089279X 34 Cranbourne Rd Frankston 3199 Ph: 9770 0099
Signature	Signature	Signature	Signature	Signature	Signature
Date	Date	Date	Date	Date	Date

Copies to:

OVERNIGHT ADMISSION

Type of overnight study:

- Diagnostic Study
- CPAP implementation for sleep apnoea
- CPAP Review (with own pump)
- Intra-nasal Oxygen Therapy
Starting flow l/min
Target SpO₂ %
- Mandibular Splint Study
- Other
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Indication :

- Difficult to control hypertension
- Recent AF/AMI/Stroke
- Recurrent heart failure
- Hypoxaemic respiratory failure
- Hypercapnic respiratory failure
- MVA or near MVA due to sleepiness
- Overweight
- Diabetic

Probable Diagnosis

- Obstructive Sleep Apnoea
- Central Sleep Apnoea
- Nocturnal Hypoventilation
- PLM/Restless Legs
- Narcolepsy
- Parasomnia
- Insomnia
- Other

Symptoms

- Unrefreshing Sleep
- Loud snoring
- Nocturnal choking
- Daytime sleepiness when sedentary
- Daytime sleepiness when driving
- Other (please specify)
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Follow up in CPAP Clinic (During the day)

Type of appointment:

- Set up
CPAP pressure cmH₂O or
as per CPAP study
- Review

Reason:

- Rent/purchase CPAP
- Discuss problems/adjust press
- Trial of Autoset pump
- Government Pump
(must complete form: Application for Hospital provided CPAP Machine)

**REFERRAL IN-LAB
SLEEP STUDY (Resp Physician) cont.**
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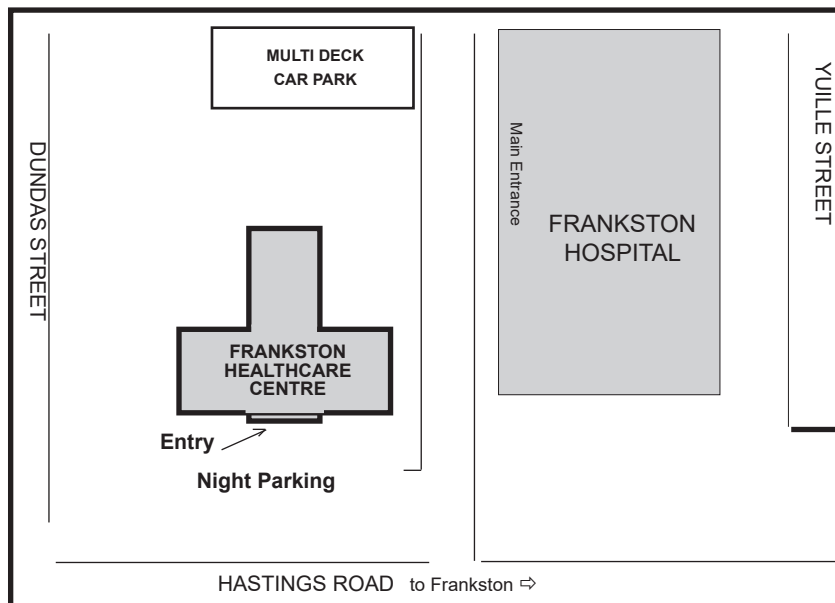
**Information Only
Do Not Scan**

Where do I go?

The Sleep Unit is at the **Frankston Integrated Health Building**, on Hastings Road to the left of Frankston Hospital. The Sleep Laboratory is best accessed through the building's main **(front) entry**. To gain entry through the door after hours, you will need to use the intercom system (which is next to the key pad – on the right hand side of the main door) and speak to the scientist, who will come down to let you in. The laboratory is up on the first floor.

Where can I park?

There is a multistory carpark behind the Integrated Health Building or for overnight admissions car parks may be used at the front of the Integrated Health Building



For your test, please:

- bring all your medication
- bring your Medicare Card
- bring pyjamas and any toiletries you may require
- wash body / hair
- shave under chin (if you have a beard)