

**REFERRAL IN-LAB SLEEP  
STUDY (Resp Physician)**

Phone (03) 9788 1705  
Fax: 9788 1875

UR NUMBER .....  
SURNAME .....  
GIVEN NAMES .....  
PHONE NUMBER .....  
DATE OF BIRTH .....  
Please fill in if no Patient Label available Rev.14/2/18 Print Code:10651



P H F 3 5 1 2 3 5 b

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Signature	Signature	Signature	Signature	Signature	Signature
Date	Date	Date	Date	Date	Date

Copies to: .....

**OVERNIGHT ADMISSION**

**Type of overnight study:**

- Diagnostic Study
- CPAP implementation for sleep apnoea
- CPAP Review (with own pump)
- Intra-nasal Oxygen Therapy  
Starting flow ..... l/min
- Target SpO<sub>2</sub> ..... %
- Mandibular Splint Study
- Other  
.....

**Indication :**

- Difficult to control hypertension
- Recent AF/AMI/-strokes
- Recurrent heart failure
- Hypoxaemic respiratory failure
- Hypercapnic respiratory failure
- MVA or near MVA due to sleepiness
- Overweight
- Diabetic

**Probable Diagnosis**

- Obstructive Sleep Apnoea
- Central Sleep Apnoea
- Nocturnal Hypoventilation
- PLM/Restless Legs
- Narcolepsy
- Parasomnia
- Insomnia
- Other

**Symptoms**

- Unrefreshing Sleep
- Loud snoring
- Nocturnal choking
- Daytime sleepiness when sedentary
- Daytime sleepiness when driving
- Other (please specify)  
.....

**Follow up in CPAP Clinic (During the day)**

**Type of appointment:**

- Set up .....  
CPAP pressure ..... cmH<sub>2</sub>O or  
as per CPAP study
- Review

**Reason:**

- Rent/purchase CPAP
- Discuss problems/adjust press
- Trial of Autoset pump
- Government Pump  
(must complete form: Application for Hospital provided CPAP Machine)

**REFERRAL IN-LAB**

**SLEEP STUDY (Resp Physician) cont.**

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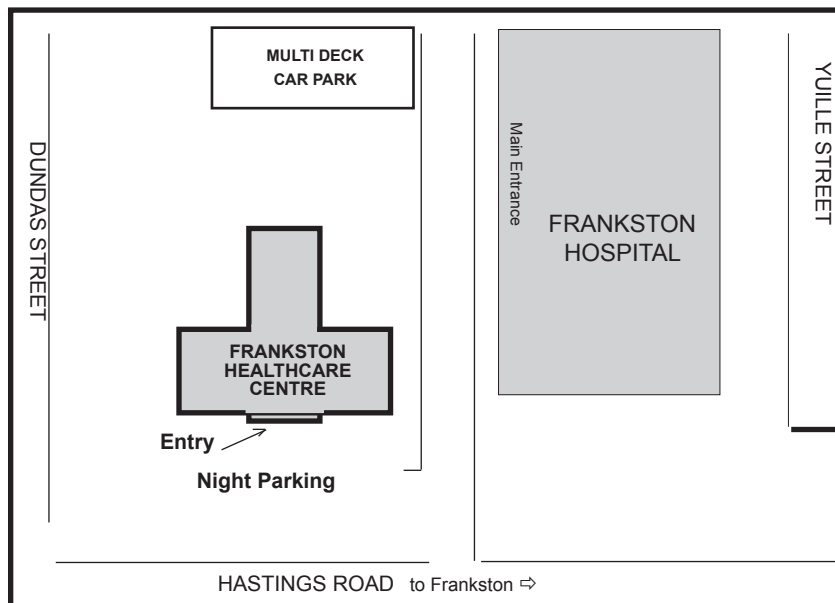
# Information Only - Do Not Scan

## Where do I go?

The Sleep Unit is at the **Frankston Integrated Health Building**, on Hastings Road to the left of Frankston Hospital. The Sleep Laboratory is best accessed through the building's main **(front) entry**. To gain entry through the door after hours, you will need to use the intercom system (which is next to the key pad – on the right hand side of the main door) and speak to the scientist, who will come down to let you in. The laboratory is up on the first floor.

## Where can I park?

There is a multistory carpark behind the Integrated Health Building or for overnight admissions car parks may be used at the front of the Inregrated Health Building



## For your test, please:

- bring all your medication
- bring your Medicare Card
- bring pyjamas and any toiletries you may require
- wash body / hair
- shave under chin (if you have a beard)